



Welcome to the Synchronicity Center!

Coming to the Center?

We are thrilled to have you join our LightHearted family here at the Synchronicity Center.

Whether you are coming to meet with us, attending one of our workshops, or about to participate in an event from another workshop leader, this page will give you helpful information about the Center.

Directions to:

The Synchronicity Center
1701 E. Lind Rd.
Tucson, Arizona 85719
520-327-9624

From the North or the South:

- From I-10, take the Prince Rd. exit
- At the Prince Rd. exit,
 - If coming from the North, Turn Left (East) on Prince Rd.
 - If coming from the South, Turn Right (East) on Prince Rd.
- Follow Prince Rd. to Campbell Ave.
- Turn Right (South) on Campbell Ave.
- Follow Campbell to E. Lind Rd.

(Note: You will see the St. James United Methodist Church on the right, at the corner of Campbell and E. Lind Rd. If you get to Ft. Lowell Ave., you have gone one block too far)

- Turn Right (West) on E. Lind Rd.
- Follow E. Lind Rd. to #1701, the second house on the right
- You will see the Synchronicity Center sign and parking signs at the entrance
- The Synchronicity Center entrance is at the "Door of Many Windows" – that will make much more sense when you see it!

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Parking

We have created special parking pull-outs in the circular driveway connected to the Synchronicity Center.

Please do not park in front of the garage doors or on the street.

Instead, drive just past the garage and you will come upon the circular driveway on the right. Feel free to fill up this driveway with as many cars as will fit in the spaces and the driveway itself.

Any overflow traffic may park in the **church parking lot** across the street. The church leaders have been very generous, and they have requested that workshop participants **park as far to the West end of the lot as possible.**

Suggestions for keeping the Synchronicity Center beautiful

The Synchronicity Center is a unique and lovely place, where people come together in community to do their healing work. Great loving care has gone into making it a beautiful and peaceful haven for you to relax and enjoy your stay. This is our gift to all who come to the Synchronicity Center, and we do so with an open heart.

Just as you would in nature, please leave the Synchronicity Center cleaner than how you found it. Leave open containers out of the meeting space and keep an eye on where you place closed containers so that they aren't tipped over with movement. Clean up any spills immediately, before they have time to set. Even spilled water will cause a stain on the carpet if it is not mopped up. Though we don't have a rule about this, please consider leaving your shoes in the foyer. Treat the Center as you would any sacred space so that it can be used joyfully by all who wish to do so.

Sacred Garden

Feel free to explore the Sacred Garden while you are here. You will find little delights around every corner.

Walk the grounds and tune into nature
Find a quiet spot all to yourself under a tree or arbor
Listen to the multitude of birds and the sounds of flowing water
Watch the bunnies and quail exploring their world
Sit with the smiling angel looking kindly into your eyes
Contemplate the Buddha's peaceful countenance
Sit with the three monks and tune into their message for you
Ring the great chimes and relax into their resonance
Meditate in each of the four corners of the Medicine Wheel fountain
Walk the Labyrinth, a 5,000 year old walking meditation experience
Create a ceremonial fire in the fire pit

The Sacred Garden is our gift to you to settle in, to hear your inner guidance, to revel in nature, and to walk in peace. Enjoy!